

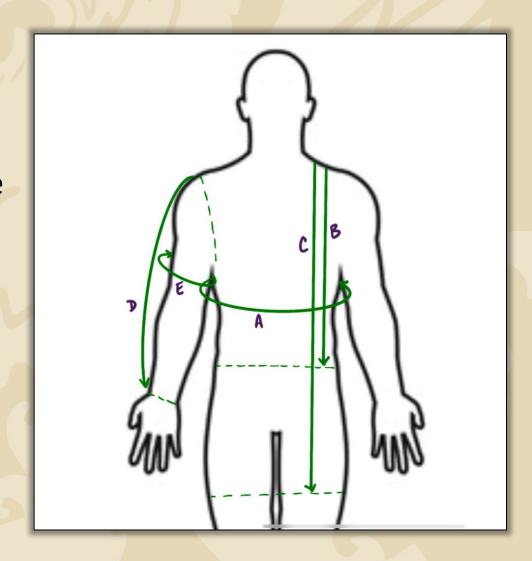


Produced by the House Volant Maester's Guild



# **MEASUREMENTS**

- A. Circumference at the widest part of your chest
- B. Length from shoulder to waist (just above your waistband)
- C. Length from shoulder to desired tunic length (usually mid thigh to knee)
- D. Length of arm from shoulder to desired sleeve length (wearing a t-shirt you can use the seam at the shoulder)
- E. Width of your arm at the shoulder seam



# FABRIC MATH

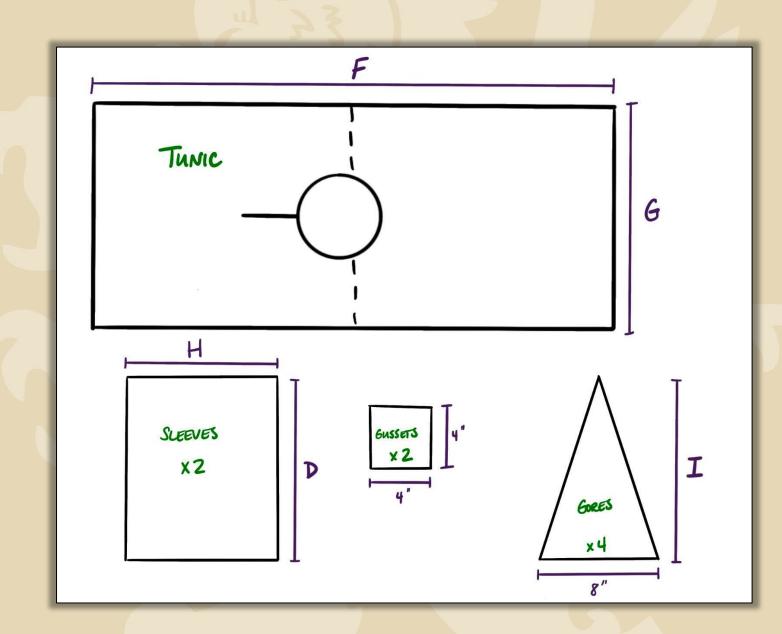
$$F. = 2 \times C$$

G. = 
$$(A / 2) + 2$$

$$H. = E + 2$$

$$I. = C - B$$

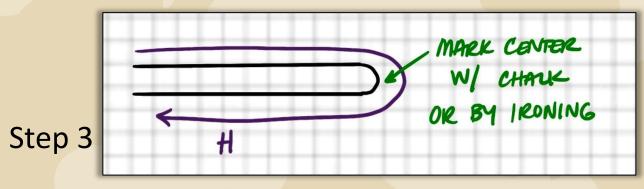
Continue to next slide for optional changes to your fabric math



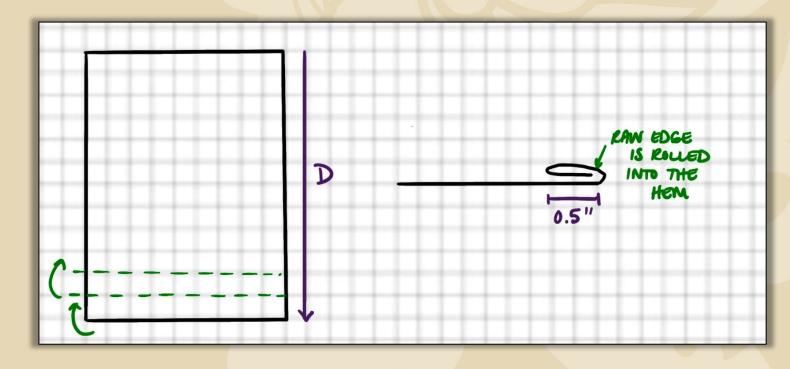
#### OPTIONAL FABRIC MATH

- <u>Seam Allowance</u>: If you know what seam allowance you plan on losing (the amount of fabric you lose when you sew two pieces of fabric together) you can add it to each of the measurements on the previous page. The current measurements assume a 0.25" seam allowance.
- <u>Tunic/Sleeve Length</u>: You will lose up to 2" of length on your tunic/sleeves when you hem. You can account for the loss by adding 4" to your F measurement for the tunic, and 2" to your D measurement for the sleeves.
- <u>Tunic Piece</u>: The large tunic piece can be made from 2 pieces of fabric if you do not have enough length. To do this divide F by 2 for your length pieces (add tunic length correction of 2" if desired) the add 0.5" for seam allowance. Sew the front and back tunic pieces together before step 1 of assembly
- Gores: You have the option to use 2 or 4 gores. 4 will give you a fuller look, I'd also suggest 4 if you have larger hips

- 1. Add desired neckline using this tutorial:
  - <a href="https://ilsa-makes-things.tumblr.com/post/143912088895/tutorial-sew-a-keyhole-neckline-with-a-facing">https://ilsa-makes-things.tumblr.com/post/143912088895/tutorial-sew-a-keyhole-neckline-with-a-facing</a>
- 2. Fold tunic piece in half (line up the bottom edges, your neckline will not be symmetrical) and mark the middle with chalk or by ironing
- 3. Fold sleeve pieces in half along the H edge, and mark the center with chalk or by ironing

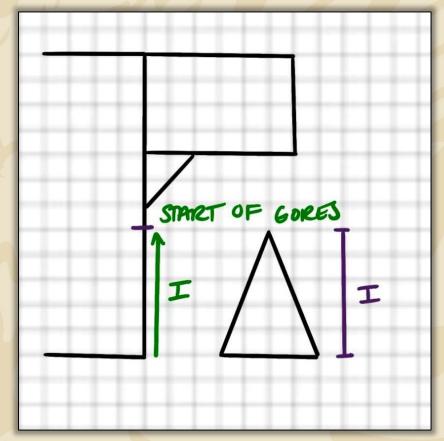


4. Hem the sleeves by folding the in the bottom 0.5" of fabric (of the D length), iron, then fold again. This should give you a folded hem. Repeat for the other sleeve.



- 5. Follow this video for how to assemble the sleeves and gussets and attach them to the main tunic body. DO NOT SEW THE BOTTOM OF THE TUNIC TOGETHER (stop around 3:18), WE ARE ADDING GORES!
  - https://www.youtube.com/watch?v=t0e1BqjWq7Y&t=254s

- 6. Measure length I from the bottom of the tunic, and mark with chalk this will be the starting point for your gores
- 7. Sew the tunic, right sides together down the edge seam until you hit your chalk mark

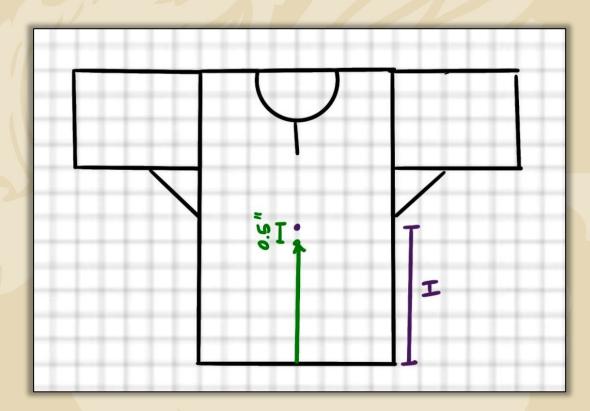


Step 7

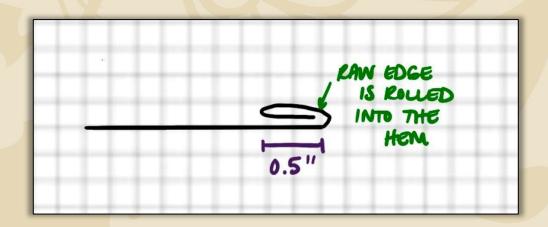
- 8. Use this video to add in your triangular gore on either side of the tunic
  - https://www.youtube.com/watch?v=G6lzGzvoZcs

- 9. For the front and back gores.

  Measure length I from the bottom of the tunic in the center of the front and back. Cut a slit in the tunic up to 0.5" below your length for I. Use the same method to insert the gores. Your seams at the top of the triangle will be smaller because you are creating an artificial seam
- 10. Using the same video from Step 8, add your front and back gores



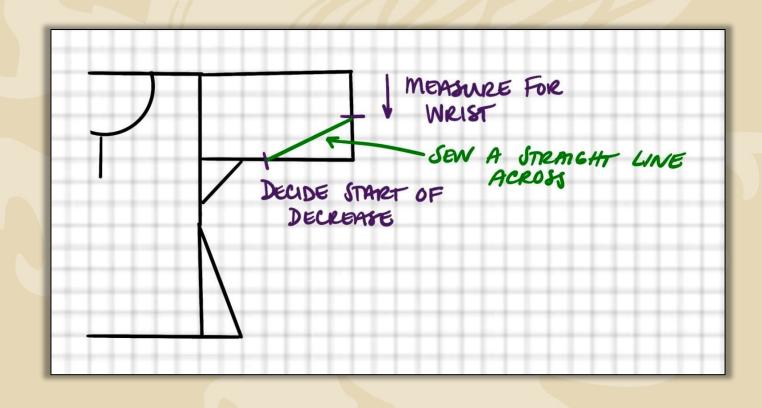
11. Hem the tunic by folding the in the bottom 0.5" of fabric, iron, then fold again. This should give you a folded hem.



12. Optional sleeve correction: Put your tunic on inside out. Using a pin or chalk, mark you desired wrist circumference (leave yourself room to pull your hand in and out) and where you would like the sleeve to start decreasing in size (normally around the elbow)

(See next slide for illustration)

- 13. Remove tunic, use chalk to draw a straight line from your start decreasing mark to the end of the sleeve
  - TRY THE ADJUSTMENT ON BEFORE CUTTING OFF THE EXCESS FABRIC!
- 14. Cut off the excess fabric on the inside of the sleeve







You have created a tunic!

